



Crispy Japanese Style Chicken

Ingredients

- 1 pkt Maggi Air Fryer Crispy Japanese Style Seasoned Coating
- 500 g Boneless chicken thigh, fillets
- 1 Egg, lightly beaten
- 2 g Spray Oil

Instruction

1. Preheat air fryer to 200°C for 5 minutes.
2. Coat chicken pieces in egg, shake off any excess. Sprinkle with the MAGGI Crispy Japanese Style Seasoned Coating, pat down coating firmly, turn over and repeat.
3. Spray air fryer basket with oil spray. Carefully transfer coated pieces to air fryer and spray with oil. Cook for a total of 10-12 minutes turning halfway through cooking, until golden and cooked through. Note: Cooking time may vary between air fryer sizes and models)

Nutrition

Carbohydrates	6.12 g
Energy	332.04 kcal
Fats	23.12 g
Protein	22.86 g
Sugars	478.7 mg

17 Minutes

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