



Chicken Sesame Noodles

Ingredients

- 1 pkt Maggi 2 Minute Noodles Chicken
- 2 tsps Vegetable Oil
- 250 g Broccoli Florets
- 200 g White Mushrooms
- 2 tsps Salt Reduced Soy Sauce
- 100 g BBQ Chicken, Shredded
- 100 g Edamame Beans
- 2 tsps Tahini
- 2 Spring onions, sliced

Instruction

1. Cook MAGGI 2 Minute Noodle according to packet instructions (reserving flavour sachet); drain, rinse under cold water and reserve.
2. Meanwhile, heat oil in a large frying pan on high heat and cook broccoli for 2 minutes, add mushroom and cook for a further 3 minutes or until browned.
3. Add flavour sachets, soy sauce and shredded chicken. Add noodles, tahini and edamame; mix well.
4. Serve garnished with spring onions.

Nutrition

Carbohydrates	25.34 g
Energy	276.01 kcal
Fats	13.02 g
Protein	18.13 g
Sugars	377.9 mg

🕒 11 Minutes

⊕ 4 Portions