



## Chicken & Veggie Noodle Stir Fry

### Ingredients

- 2 pkts Maggi 2 Minute Noodles Chicken Wholegrain
- 450 g BBQ Chicken, Shredded
- 2 cups Broccoli Florets
- 1 cup frozen peas
- 3 cups Baby spinach leaves
- 0.5 cup Tap Water

### Instruction

1. Cook noodles according to packet instructions; drain, rinse under cold water and reserve.
2. Heat a medium frying pan with oil, add BBQ chicken, broccoli, peas and cook for 4 minutes until vegetables are tender and chicken is heated through.
3. Stir in reserved noodles, baby spinach, water and contents of flavour sachet. Cook for 1 minute and serve.

### Nutrition

Carbohydrates	31.57 g
Energy	377.79 kcal
Fats	9.39 g
Protein	40.05 g
Sugars	4.21 g

🕒 7 Minutes

⊕ 4 Portions