



Ingredients

- 1 pkt MAGGI Burrito Bowls Marinade & Drizzle
- 500 g Lean Minced Beef
- 500 g Cooked Brown Rice
- 2 tsps Vegetable Oil
- 6 cups Veggies of your choice

Instruction

1. Pull apart the two sachets.
2. Cook rice according to the instructions on the packet.
3. In a medium sized bowl, combine the quick marinade and beef mince. Marinate for 5 minutes.
4. In a medium sized bowl, combine the quick marinade and beef mince. Marinate for 5 minutes.
5. Build your bowls with cooked brown rice, your favourite veggies and beef mince. Add the drizzle as a dressing for each bowl and enjoy!

Nutrition

Carbohydrates	65.7 g
Energy	539.98 kcal
Fats	12.27 g
Protein	40.41 g

🕒 25 Minutes

⊕ 4