

Ingredients

- 1 pkt MAGGI Smoky BBQ Bowls Marinade & Drizzle
- 600 g Pork Shoulder
- 180 g Pasta
- 20 g Butter
- 20 g Plain Flour
- 1 cup Reduced Fat Milk
- 40 g Low Fat Grated Cheddar Cheese
- 130 g Green Beans
- 75 g Red Onion
- 120 g Frozen Peas
- 1 tbsp Cider Vinegar
- 1 tsp Sugar

Instruction

- Place pork and MAGGI Smoky BBQ Bowls Quick
 Marinade into slow cooker. Cook on High for 4 hours.
 Once cooked, carefully transfer pork and it's cooking
 liquid to a bowl and use two forks to shred the pork.
 Keep warm.
- 2. Meanwhile, to pickle onions; in a small bowl, dissolve sugar in the vinegar. Add onions and set aside.
- 3. Cook macaroni according to packet directions, set aside. In a small saucepan, melt butter and add flour, cook for 2 minutes while stirring continuously. Whisk in milk, bring to a boil; reduce heat, and simmer for 3-4 minutes, stirring until sauce thickens. Add cheese and stir until dissolved. Add cooked macaroni and mix to combine
- 4. Divide macaroni into 4 bowls, add green beans, peas, pulled pork and pickled onions. Add the MAGGI Smoky BBQ Bowls Drizzle on each bowl, enjoy!

Nutrition

Carbohydrates 58.65 g
Energy 587.26 kcal
Fats 15.51 g
Protein 49.06 g

(L) 260 Minutes

