

Ingredients

- 500 g Boneless chicken thigh, fillets
- 55 g Egg
- 5 g Spray Oil, Canola, Cooking
- 1 pkt MAGGI Crispy Salt and Pepper Seasoned Coating

Instruction

- 1. Preheat air fryer to 200°C for 5 minutes.
- 2. Coat chicken pieces with oil. Place chicken and Maggi Salt & Pepper Air fryer recipe mix in a sealable bag. Shake and toss to evenly coat the chicken pieces.
- 3. Place half the coated chicken pieces in the air fryer and cook for 12 minutes or until cooked through. Repeat with remaining chicken.

Nutrition

(L) 22 Minutes

Carbohydrates 6.26 g
Energy 430.96 kcal
Fats 23.47 g
Protein 23.35 g