

Ingredients

- 1 pkt MAGGI Air Fryer Crunchy Southern Style Seasoned Coating
- 500 g Chicken thigh, fillets
- 1 Egg, lightly beaten
- 2 g Spray Oil

Instruction

- 1. Preheat air fryer to 190°C for 5 minutes.
- Coat each chicken thigh half in egg, shake off any excess. Sprinkle with half the MAGGI Crunchy Southern Style Seasoned Coating, pat down coating firmly, turn over and repeat.
- 3. Spray air fryer basket with oil spray. Carefully transfer coated pieces to air fryer and spray with oil. Cook for 6-7 minutes, then turn and cook for another 7-8 minutes or until golden and cooked through. Note: Cooking time may vary between air fryer sizes and models

Nutrition

Carbohydrates 6.12 g
Energy 332.04 kcal
Fats 23.12 g
Protein 22.86 g

25 Minutes

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