

Homestyle Tomato & Chicken Noodles

Ingredients

- 2 pkts Maggi 2 Minute Noodles Chicken Wholegrain
- 500 g Chicken Breast
- 1 Carrot
- 1 Stalk Celery
- 1 cup frozen peas
- 1 Can Can diced tomatoes
- 1 cup Boiling water
- 1 tbsp Parsley

Instruction

- 1. Cook noodles according to packet instructions; drain, rinse under cold water and reserve.
- 2. Heat a medium pot with oil; add chicken and cook for 5 minutes or until cooked through. Add carrot, celery and cook for 3 minutes until they are soft.
- 3. Stir in peas, chopped tomatoes, water, contents of flavour sachet, and cook for another 2 minutes; add reserved noodles top with chopped parsley and serve.

Nutrition



Carbohydrates

37.09 g

Energy	334.9 kcal
Fats	4.43 g
Protein	35.66 g
Sugars	8.7 g