

Nutty Chicken, & Noodle Stir-fry

## Ingredients

- 450 g Hokkein Noodles
- 5 g Spray Oil
- 400 g Chicken breast fillets, sliced
- 4 Sprigs Spring onions
- 1 Medium Carrot, sliced
- 1 Red Capsicum, sliced thinly
- 200 g Snow peas, sliced
- 400 g Baby corn sliced lenghtways
- 0.5 cup Sweet Chilli Sauce
- 1 tbsp Maggi Fish Sauce
- 2 tbsps Lemon Juice

## Instruction

- 1. Spray a wok with oil and heat. Add chicken and stir-fry in batches until browned and tender; set aside.
- 2. Add green onions to wok with 1 tablespoon water; stir-fry until tender.
- Add carrot, capsicum, snow peas and corn; stir-fry until tender crisp; add noodles and combined sweet chilli sauce, MAGGI Fish Sauce and lemon juice; toss to coat noodles and vegetables. Cook for 3 minutes or until heated through.
- 4. Return chicken to wok and cook for 2–3 minutes or until heated through. Serve sprinkled with cashews.

## 50 g Cashew nuts, roasted & unsalted

## Nutrition

Carbohydrates	62.85 g
Energy	511.57 kcal
Fats	11.38 g
Protein	36.01 g

